

5x5x5

Discipleship Journal's

Bible Reading Plan

Through the New Testament in 5 days a week, 5 minutes a day

5 minutes a day | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh all year.

5 days a week | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

1. Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.

2. Put it into your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.

3. Ask and answer some questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.

4. Capture the big idea. God's Word communicates big ideas. Periodically ask, *What's the big idea in this sentence, paragraph, or chapter?*

5. Personalize the meaning. When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: *How could my life be different today as I respond to what I'm reading?*

December

DATE	CHAPTER
1	Reflection
2	Reflection
3	3
4	4
5	5
6	6
7	7
8	Reflection
9	Reflection
10	8
11	9
12	10
13	11
14	12
15	Reflection
16	Reflection
17	13
18	14
19	15
20	16
21	17
22	Reflection
23	Reflection
24	18
25	19
26	20
27	21
28	22
29	Reflection
30	Reflection
31	Rejoice!

November

DATE	CHAPTER
1	14
2	15
3	Reflection
4	Reflection
5	16
6	17
7	18
8	19
9	20
10	Reflection
11	Reflection
12	21
13	1 Thessalonians
14	1
15	2
16	3
17	4
18	Reflection
19	Reflection
20	5
21	2 Thessalonians
22	1
23	2
24	3
25	2 Peter
26	1
27	Reflection
28	Reflection
29	2
30	3
31	Jude
1	1
2	Revelation
3	1
4	2

October

DATE	CHAPTER
1	3
2	4
3	5
4	2 John
5	1
6	3 John
7	1
8	Reflection
9	Reflection
10	1 Peter
11	1
12	2
13	3
14	4
15	5
16	Reflection
17	Reflection
18	John
19	1
20	2
21	3
22	4
23	5
24	Reflection
25	Reflection
26	6
27	7
28	8
29	9
30	10
31	Reflection
1	Reflection
2	11
3	12
4	13

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The Mission of Discipleship Journal

is to help believers develop a deeper relationship with Jesus Christ and to provide practical help in understanding the Scriptures and applying them to daily life and ministry.

January		
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February		
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March		
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April		
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October		
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November		
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December		
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January		
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